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### ***Christ Has No Body***

*Christ has no body but yours,  
No hands, no feet on earth but yours,  
Yours are the eyes with which he looks with  
Compassion on this world.*

*Yours are the feet with which he walks to do good,  
Yours are the hands, with which he blesses all the  
world.*

*Yours are the hands, yours are the feet,  
Yours are the eyes, you are his body.*

*Christ has no body now but yours,  
No hands, no feet on earth but yours.*

*Yours are the eyes with which he looks  
with compassion on this world.*

*Christ has no body now on earth but yours.*

*Teresa of Avila (1515–1582)*

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