

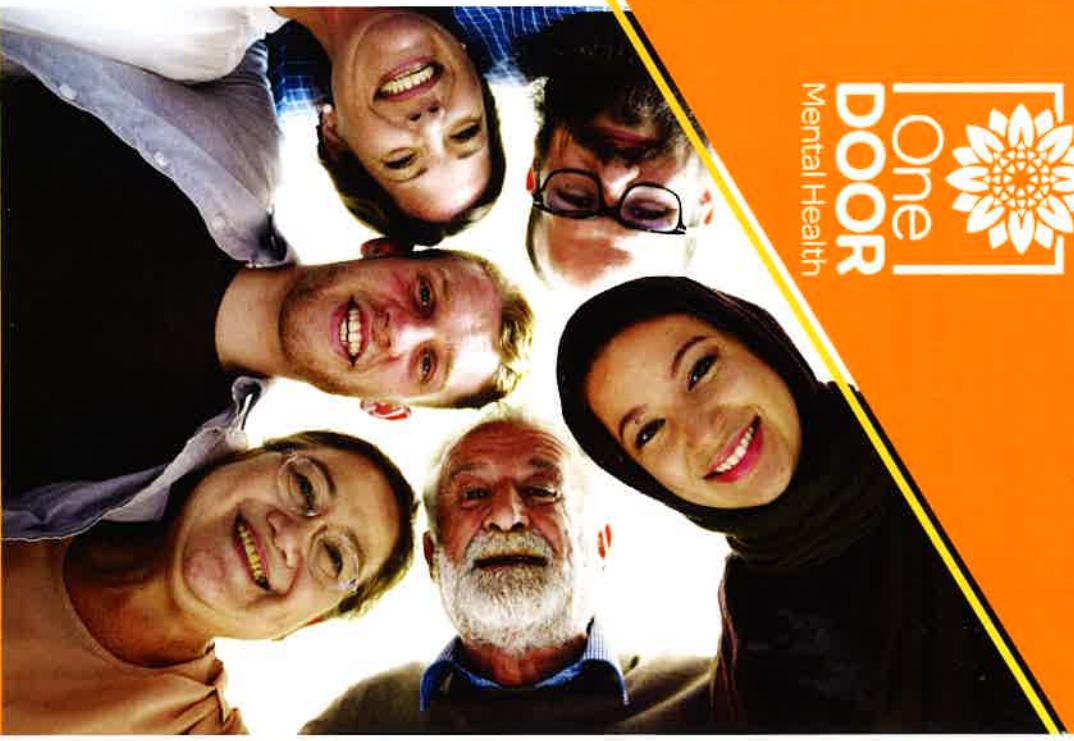


GET CONNECTED
A program helping you
to live the life
you want

One Door Mental Health proudly
delivers the Connector program
across Western Sydney.



Connector is supported by the
Commonwealth Government through the
Western Sydney Primary Health Network.



connector
PEOPLE SUPPORT RECOVERY

What is Connector?

An inclusive program working alongside people living with a mental illness to live the life that they want.

We help you to explore individual dreams and interests while you continue to work and live in the community.

GET CONNECTED

Connector can support you to:

- Learn more about your mental health
- Connect with others
- Attend community outings and activities
- Build life skills and independence
- Improve your physical and mental wellbeing
- Link you to other supports you may need
- Improve financial skills and budgeting
- Reach education and employment goals

Who can access Connector?

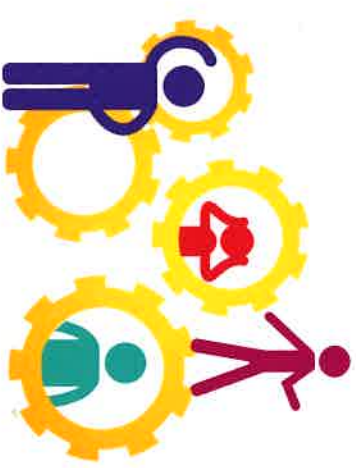
Connector is for people who:

- Are impacted by mental health issues
- Are aged 18 years and over
- Live in the Western Sydney area
- Are not receiving funding from the National Disability Insurance Scheme (NDIS)
- Are unsure if the NDIS will meet their needs

How do I access Connector?

Anyone can make a referral, including:

- Carers, family members or friends
- Health Professionals
- Self-referral



Connector
is a FREE service in
Western Sydney

To refer to Connector go to:
www.onedoor.org.au/connector

For more information
please call
02 9854 5543

